

UNDERSTANDING THE JOURNEY

A Bimonthly Newsletter from Healthful Energetics, LLC
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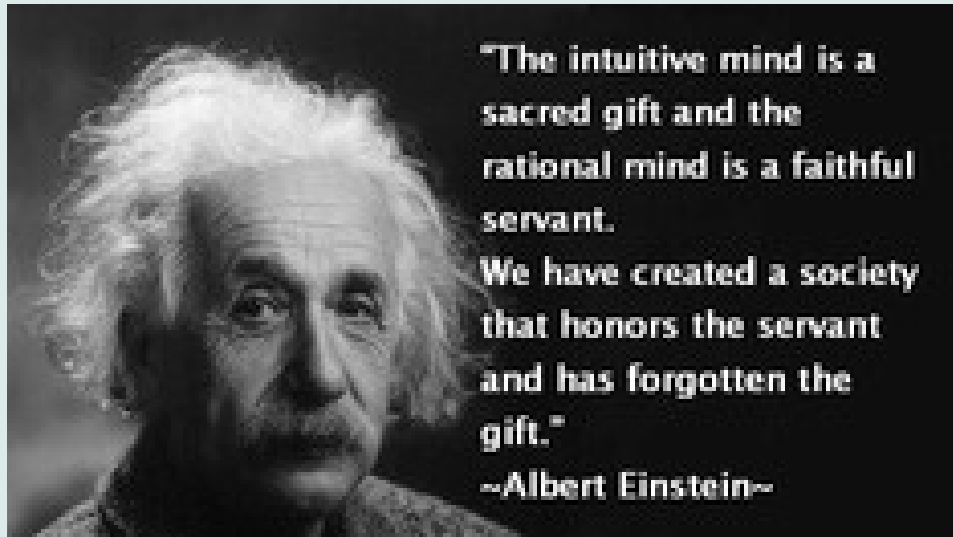


Spirit is Part of the Equation

WRITTEN BY SHEILA WOOD

I have recently come to realize two things, 1) the importance of connecting with the universe at levels exceeding human existence and 2) the importance of considering how fast the revelations around consciousness are evolving. In Dean Radin's book *Entangled Minds: Extrasensory Experiences in Quantum Reality*, the struggles to 'prove' from a scientific standpoint the validity of ESP experiences are brought to the reader's attention. I found myself just wanting and hoping that all the scientists mentioned in the book would simply spend time in meditation and experience the vivid levels of reality that exist beyond the narrow human view.

To the point of how fast things are moving us into the fourth density level of consciousness, this book published in 2006 is exemplary but is simply a forward for the book that we are reading and continue to write today. His points bring home the frustrating sense that data and experiments are futile in attempts to win believers around ESP. Experiences abound, data abounds, yet believing in unseen mitigators for the individual who needs concrete data points depends on his/her/their enlightening events. If the hesitant believer could let go, connect to, and perhaps participate in unexplained human communication to points on the other side of the globe, could feel the connection into people's lives who are miles away, could stop discrediting their own intuition, and could let go of the thought (doubt) that denies experiential realities, then perhaps easier movement toward and into a higher vibrational perspective could occur.



When I read this book, I went to another level of disbelief at the mountains of data simply discarded as coincidence. As time has progressed, we have witnessed abundant evidence for the workings and use of such tools as clairvoyance, remote viewing, telepathy, psychokinesis, and teleportation. Yet those who are resistant to other ways of understanding the universe are hedging their bets about fourth density and clinging to the tethers within third density consciousness. Instead of fighting with this concept, I have reconciled this condition with the assurance that I am not in charge.

To look at the situation objectively, just because things are moving rapidly in the spiritual realm, they are not necessarily in sync with the evolution of human consciousness. ESP is a human to human communication the 'how' of which is being studied by many. When spiritual energy beyond the cosmic consciousness is added to the communication equation, a drastic shift in acceptance is experienced.

One cornerstone to communication in spiritual realms is meditation but this is merely one of the many avenues to receive. When the studies that were conducted by the DoD (Dept of Defense) around 1985,

<https://www.cia.gov/readingroom/docs/CIA-RDP96-00788R001700210016-5.pdf>

were declassified in 2019, the revelations about how mediumship works, how remote viewing works, how universal communications travel, and how humans perceive them, fully support what many of us have experienced and use daily. And again, glaringly omitted were spiritual implications, connections, and guidance.

How much easier it would be for the non-experiencers to just let go and find themselves in a quiet place in nature and take in the abundant blessings that come once the left brain is relaxed and information can come through. Trusting in that information could perhaps supply scientists with the keys needed to relate to their audiences. Third density consciousness could then intake possibilities for the good of the ethereally connected collective.

Yes, I practiced as a scientist for 45 years (independent researcher) and yes, I generated a lot of data. Hopefully a few people believed in what was accomplished. I am not against science. What bothers me is the stark realization that data about the unseen when it comes to unexplained communications and happenings (ESP) is literally so unbelievably by those who need millions more data points that it is dismissed as hoax.

At this point in my life, the amount of gratitude I have for the blessings bestowed around connection and communication with the ethereal is overwhelming. Being able to convey healing energy using blessed awareness revealed in the Akashic Records, to bring messages from loved ones on the other side, and to convey the clear messages from our benevolent star being families, among other blessings, could not be more real. Could this be because in my work Spirit is never left out of the equation and will forever provide healing guidance? This is a data point that no one should have to reach for. And it is my hope that Spirit's 'data points' will continue to lead to much abundance and healing.

Thank you for inviting me to share these gifts with you!



On the day of 9/11, premonitions from the collective were recorded before the event happened using random number generation (RNG). Where was this information coming from?

Send me your questions

BY SHEILA WOOD

I am interested in what is on your mind as you progress through spiritual learning curves. Your questions will also help others to learn about different aspects of metaphysics.

This page will reflect your input and curious mind. Hopefully, it will be a continuous dialogue and serve to develop concepts as inputs are collected.



As we all know, often answers to questions birth more questions.

So in a word - this is the
"Don't Be Shy"
page.

A channeled message from Orion

Stay tuned....some answers/comments next time

"Make sure that you project from your heart and listen to others. It is the best way to grow."



Presenting a channeled message from Orion

The hybrid of Orion and Sirius energy converges on discoveries within the stellar configurations that exude love. Love in your terms often points to sacrifice and longing. The overriding component missing from human comprehension can be felt by observing the cocoon of energy from which you emerged. The open framework of matrix energies is available to you as requests are lifted up for conveyance of our wisdom from this vantage point in the universe. There is a need to allow this love energy to flow from within, around, to and fro, penetrating depths previously unknown to human nature. We are at that point in the evolution of consciousness that allows for and points to next steps in growth. This compartment touches all aspects of a being's supernatural existence. It can be seen in human terms when a spirit temporarily exits from the biological body. Believe that messages abound at the soul level upon returning to the human shell of containment. The strength of this energy becomes the driving force for those who cherish it. Strong inclinations to share are meant to be a conduit for conversation and learning.

Within the messages received in such events are coded bits that connect all beings. These codes are based in love, and you will see that the origin is abundant love transfigured for your understanding. Allow these aspects of your spirit to bring the best and highest outcome to your countenance.

These gifts abound at all levels of consciousness, are within your reach, and can be manifest as you travel. Understand that they are based in feelings and not delivered in the same technical context as speech.

I feel close to the pod that is Earth and will continue to send forth what happens at the core of existence. Belief is a choice. Consider at will your contribution to connection.

Toward sovereign wholeness..... Yonck

